

First

The quick ins-and-outs of getting your Nando's

- 1 | Take your pick from our menu** We're famous for our PERi-PERi chicken. We recommend a 1/2 chicken with a side or two for your first time.
- 2 | Choose your heat before you eat** If you can handle some heat, we recommend Medium PERi-PERi. Trust us, you'll be back for more!
- 3 | Order at the counter** Then grab your silverware & extra PERi-PERi at our sauce bar. We'll bring your food to you!

Xtra HOT

Like tackling a ferociously fiery dragon. (90 Cal)

HOT

Highly combustible - proceed with caution. (45 Cal)

Medium

Hits the spot without scalding your tonsils. (25 Cal)

Lemon & Herb or Mango & Lime

A hint of heat, but a tidal wave of flavour. (10 / 30 Cal)

Plain..ish

Marinated in PERi-PERi, but grilled with no added spice. As mild as we go. (0 Cal)




How Spicy? Our PERi-PERi chilli pepper – also known as the African Bird's Eye chilli – is mixed with garlic, fresh lemons and other tasty ingredients to make our bastes in a range of flavors and heat.

Snacks & Shareables


▶ Prepare your taste buds for the main event with **MOUTHWATERING NIBBLES**

PERi-PERi Wings 7.90

Six of our star treats. Marinated for 24 hours and flame-grilled to order. (470 Cal)

Spicy Mixed Olives  4.89

Green and black olives perked up with mushrooms, garlic, peppers and chilli. (May contain the occasional olive pit.) (220 Cal)

Garlic Sticks  4.59

Baked Portuguese rolls, cut in strips, and smothered in garlic-herb spread and grilled. (740 Cal)

Hummus with PERi-PERi Drizzle   6.69

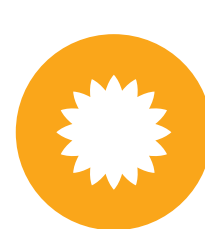
PERi-PERi-infused oil poured over creamy hummus. Dig in with toasted pita (1200 Cal) or crunchy seasonal vegetables. (add 1.00) (650 Cal)



Nando's Classic



Vegetarian



Seasonally Available

PERi-PERi Chicken

WHAT WE'RE FAMOUS FOR

Fresh chicken marinated for 24 hours in PERi-PERi and flame-grilled to order.

	+1 REG SIDE	+2 REG SIDES
1/2 Chicken  First time at Nando's? Look no further than our signature 1/2 chicken. (540 Cal)	14.19	16.39
1/4 Chicken – Breast The succulent and saucy bits. (290 Cal)	9.49	11.69
1/4 Chicken – Leg For a little dark 'n' delicious. (260 Cal)	9.39	11.59
Two 1/4 Legs Double your favorite cut. (520 Cal)	13.99	16.19
Chicken Thigh Skewers Two skewers of skin-on thighs, red pepper and onions. (400 Cal)	13.69	15.89
Boneless Chicken Breast Butterflied whole chicken breast with crispy skin. No bones about it! (390 Cal)	13.59	15.79
Chicken Livers Rich, tasty livers that melt in your mouth. (Longer cook time.) (450Cal)	10.19	12.39
PERi-PERi Wings Twelve of our sauciest treats – tender and spicy. (950 Cal)	18.79	20.99
3 Chicken Thighs Dig into 3 boneless thighs, flame-grilled with skin. (420 Cal)	12.79	14.99

Sharing Platters

► **BUNDLES** of our legendary PERi-PERi chicken – plenty for friends to share.

Full Platter Whole chicken plus your choice of 2 large essential sides. (1260 - 1820 Cal)	28.69 (2-3 people)
Jumbo Chicken Platter Two whole chickens plus 2 extra-large essential sides. (2520 - 3640 Cal)	54.29 (4-6 people)
PERi-PERi Wing and Chips Platter NEW 24 flame-grilled PERi-PERi wings plus large PERi Chips. (2490 Cal)	31.79

To work out your meal's total calories, add calories listed next to each item, include sides (if any), plus the PERi-PERi heat level for your chicken. Flavor calories are listed per 1/4 chicken serving.

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Written nutrition information is available upon request.

Bowls & Salads

BOWLS



Avocado & Roasted Pepper Bowl **10.19**
 Avocado, roasted red peppers, cut grilled corn, hummus, and arugula served over Portuguese Rice. (770 Cal)

PERi-PERi Chicken Bowl **11.29**
 Portuguese Rice topped with PERi-PERi chicken, arugula, roasted red peppers, cut grilled corn and hummus. (790 Cal)

Pulled Chicken, Feta & Avo Bowl **NEW** **11.29**
 Avocado, semi-dried tomatoes, feta, chilled PERi-PERi pulled chicken served over Portuguese Rice. (890 Cal)

SALADS

Chicken Caesar **11.29**
 Chopped romaine tossed in our house Caesar dressing. Topped with PERi-PERi chicken, shaved parmesan, house-made croutons, black pepper and semi-dried tomatoes. (690 Cal)

Marinated Tomato, Halloumi & Chicken **12.79**
 Romaine and arugula in a balsamic vinaigrette. Topped with PERi-PERi chicken, marinated grape tomatoes, grilled halloumi cheese, grilled corn and house-made croutons. (520 Cal)

Add any of these to your salad or bowl!

Double the chicken (170-180 Cal)	3.19
Halloumi Cheese (230 Cal)	2.69
Half Avocado (140 Cal)	1.59
PERi-PERi Drizzle (140 Cal)	2.09
Chicken Thigh Skewer (200 Cal)	5.40

Nando's Favorites

PERi-PERi Chicken Bowl **11.29**
 Portuguese Rice topped with PERi-PERi chicken, arugula, roasted red peppers, cut grilled corn and hummus. (790 Cal)

1/2 Chicken and Chips **14.19**
 You can't beat our signature 1/2 chicken. Served with PERi Chips to fully satisfy your craving or beat that hangover! (840 Cal)

Nandocas' Choice and Chips **15.19**
 A butterflied PERi-PERi chicken breast on garlic bread and topped with our house-made coleslaw. Served with PERi Chips. (1270 Cal)



Take home your favorite

PERi-PERi sauce bottles	4.99
PERinaise squeeze bottles	3.99

Sandwiches, Wraps & Pitas

PERi-PERi Chicken

+1 REG
SIDE

+2 REG
SIDES

Chicken Breast Sandwich

11.19

13.39

Served with arugula, tomato, pickled onions and PERinaise. (530 Cal)

Thigh and Mighty Sandwich

13.69

15.89

Two boneless thighs with arugula, tomato, pickled onions and PERinaise. (600 Cal)

Nandocas' Choice

15.19

17.39

A butterflied PERi-PERi chicken breast served on garlic bread, and topped with our house-made coleslaw. (970 Cal)

Chicken Breast Pita

10.49

12.69

Served toasted with a mix of lettuce and crunchy vegetables with PERinaise. (480 Cal)

Chicken Caesar Wrap

11.19

13.39

Our Caesar salad with chilled PERi-PERi pulled chicken and semi-dried tomatoes in a toasted wrap or pita. (780 Cal)

Chicken Breast Wrap

11.19

13.39

Served with a mix of crunchy vegetables, sweet chilli jam and tangy yogurt sauce. (670 Cal)

Veg PERidise

+1 REG
SIDE

+2 REG
SIDES

Sweet Potato & Halloumi Wrap **NEW**

10.99

13.19

Charred sweet potatoes served with arugula, yogurt sauce and chilli jam. Also available on a Portuguese roll or in a pita. (790 Cal)

Veggie Burger

10.79

12.99

New plant-based patty made from piquante peppers, mushrooms, water chestnuts and garden vegetables topped with arugula, tomato, pickled onions and PERinaise. (610 Cal)

► Add any of these to your sandwich, pita or wrap!

Grilled Halloumi Cheese (230 Cal)

2.69

Grilled Pineapple Slice (30 Cal)

.79

Cheddar Cheese (60 Cal)

.79



Half Avocado (140 Cal)

1.59

Chicken Tenders (70 Cal)

3.19

Essential Sides

- ▶ **Make a meal of it... add sides!** 2.89
- PERi Chips (aka Fries)** (300 Cal) **V**
+ **PERinaise (PERi-PERi Mayo)** (90 Cal) **1.00**
- Flame-Grilled Corn on the Cob** (270 Cal)  **V**
- Portuguese Rice** **V**
House-made with turmeric and peppers. (210 Cal)
- Garlic Bread** **V**
Baked Portuguese roll smothered in garlic-herb spread and grilled. (370 Cal)
- Coleslaw** **V**
House-made crunchy slaw with onion and carrots in a creamy mayo dressing. (180 Cal)
- Red Skin Mashed Potatoes** (320 Cal) **V**
- Macho Peas**  **V**
Whole peas mixed with pea mash, parsley, mint, garlic and chilli. (250 Cal)
- Turmeric Roasted Cauliflower** **NEW** **V**
Yellow like the South African sun. Florets roasted with turmeric. (90 Cal)
- Charred Sweet Potatoes** **NEW** **V**
Farm fresh, sliced, sweet and simple. Want them sweeter? Add cinnamon sugar. (130 Cal)
- Mixed Green Side Salad** (50 Cal) **V** + 1.19
- Caesar Side Salad** (200 Cal) + 1.19

Seasonal Sides

▶ FALL AND WINTER

- Butternut Squash & Corn** **NEW** **V** 3.99
With red onion and dried cranberries. (170 Cal)
- Brussels Sprouts** **V** 4.89
Brussels sprouts braised with red onion, chillies and garlic. (240 Cal)

Refreshments

Go Bottomless - selection of beverages 2.99
Refill as often as you like. (per person)
(0 - 330 Cal)


House-made Lemonade 3.69 16oz / 6.49 32oz
Batch-made and available in different flavors. (230 / 450 Cal)

Bottled Beverage 2.99 - 3.49
Grab one of our rotating selections.
(80 - 170 Cal)

Bottled Water 2.99 - 3.49
Still or sparkling water. (0 Cal)

Beer

Beer

Super Bock (Portugal) (190 Cal) 	5.99
Corona (Mexico) (150 Cal)	5.99
Sam Adams Boston Lager (USA) (180 Cal)	5.99

On Tap *(in selected restaurants)*

Blue Moon Belgian White Ale (USA) (200 Cal)	5.99
Local Seasonal Beer (USA) (260 - 360 Cal)	6.49

▶ **Ask about our local beer selection.**

Sangrias & Spiked Lemonade


	GLASS	PITCHER
Red Wine Sangria  Our original fresh and fruity Mediterranean specialty. (190 / 620 Cal)	6.69	18.99
Rosé Sangria House-made with sliced peaches and mango with a splash of Schnapps. (210 / 700 Cal)	6.69	18.99
Spiked Lemonade Our house-made lemonade spiked with vodka. (180 / 1290 Cal)	7.19	25.59

Wine

	GLASS (8oz)	BOTTLE (750ml)
White		
Cara Viva (Portugal) Crisp, Fresh Fruit. (170 / 540 Cal)	7.69	20.49
Gatao Vinho Verde (Portugal) Fruity, Refreshing, Lively. (200 / 640 Cal)	8.19	22.49
Indaba Chardonnay (S. Africa) Crisp, Citrus, Honey. (200 / 640 Cal)	8.69	26.59
Red		
Cara Viva (Portugal) Smooth, Easy, Plum. (200 / 640 Cal)	7.69	20.49
Borges Lello (Portugal) Aroma, Spice, Body. (200 / 640 Cal)	10.19	27.69
Braai Cabernet Sauvignon (S. Africa) Full-bodied, Rich, Smoke. (200 / 640 Cal)	9.69	28.69

What about dessert?

Gelado (ice cream in Portuguese) **V** 3.19
Light and creamy.
Vanilla (170 Cal)
Chocolate (made without lactose) (150 Cal)
Mango (90 Cal)

Naughty Natas  **V** 2.69
Traditional Portuguese custard tart, served with a sprinkle of cinnamon sugar. (150 Cal)

Barely Baked Brownie **V** 2.69
Our version of the perfect brownie – indulgent, fudgy goodness! (250 Cal)

Carrot Cake **V** 6.89
Four rich, golden layers of cake with walnuts, pineapple and raisins. Topped with a smooth cream cheese icing. (900 Cal)

Raspberry Cheesecake **V** 6.89
Raspberry sauce swirled through a creamy white chocolate cheesecake. Lightly caramelized on top. (620 Cal)

Ask for our Nandino's menu (kids under 10 menu)

WE GROW OUR OWN

Nando's started in South Africa in 1987, and we're still true to our roots today. We grow our own PERi-PERi in Southern Africa, with more than 1,400 farmers on almost 500 acres. There's no Nando's without PERi-PERi: It's a chilli, a sauce and a nod to our homeland.



To work out your meal's total calories, add calories listed next to each item, plus the PERi-PERi heat level for your chicken.

Please be aware that as we sell milk and nuts, there may be traces of milk, nuts or other allergens, in all our products. We take great care to remove the bones from our chicken breasts and the pits from our olives, but there is a tiny chance of finding one.

Served raw or undercooked. Consuming raw or undercooked meats may increase your risk of foodborne illness. 2,000 calories a day is used for general nutrition advice, but calorie needs vary. Written nutrition information is available upon request.

